



# THE BULLETIN

LVII

July 10, 2022

No. 28

Worship God  
Grow in Christ

Build Community  
Bless the World



**FIRST UNITED METHODIST CHURCH** (1867-2022)

*Celebrating Our 155th Year*

318 South Broad Street • Cairo, Georgia 39828-2717

Rev. Sam Vernon, Pastor

☎ Church Office: 229-377-3051 @ [www.cairofumc.org](http://www.cairofumc.org) ✉ [cairofum@syrupcity.net](mailto:cairofum@syrupcity.net)

📍 Cairo First United Methodist Church 📞 Upper Room Prayer Line 1-800-251-2468

## WHAT WE CAN LEARN FROM THE YMCA

Several years ago foot problems forced me to give up one of my favorite exercises: running. Because I love to eat and can gain weight simply by looking at food, I knew I'd have to find some other exercise to replace running. Fortunately I rediscovered a childhood favorite: swimming. For the last 10 years or so,



swimming has been a regular part of my exercise routine. It helps me maintain a healthy body weight, controls my blood pressure and even slows the onset of arthritis. The Thomasville YMCA is a mere 27 minutes from the house and is home to one of the nicer indoor pools I've had the opportunity to use. The whole facility is top notch and the Staff is awesome! In fact, it is the nicest YMCA I've ever been a part of. The first day I visited I thought "I'd love to join here!"

Even though I've only been here 3 weeks, it's easy to see that Cairo First United Methodist is blessed with a great staff and great facilities. Let's continue to make sure when folks visit our church their reaction is the same as mine was with the Thomasville YMCA. Our church may not have an indoor pool, but Jesus did pick up the tab for your membership dues.

In Christ,

*Sam*

**MEMORIALS:**

Memorials have been given to the church in loving memory of

**MR. HENRY ANDREWS**

By: Mr. & Mrs. Kenneth Hawthorne

**MR. JEROME BARNES**

BY: Ms. Peg Thomas

**MRS. SYLVIA CARROUTH**

By: Sandra Clark  
Mrs. Judy Cox  
Jacquelyn Harden Jankowski  
Bob Harden and Families  
Mr. & Mrs. Kenneth Hawthorne  
Mr. & Mrs. Charlie McBee  
Rev. & Mrs. Ike Powell  
John & Jayne Steffens

**MR. GARY FRANK COTTLES**

By: Mrs. & Mrs. Gene Smith

**MRS. KAYE HELMS**

By: Sandra Clark  
Mrs. Judy Cox  
Mr. & Mrs. Kenneth Hawthorne

**MR. TOM HOPKINS**

By: Sandra Clark  
Mr. & Mrs. Kenneth Hawthorne  
Ms. Peg Thomas

**MRS. SUSIE JESTER**

By: Mr. & Mrs. Philip Almon  
Mrs. Judy Cox

**MR. ROBERT LEE**

BY: Mr. & Mrs. Kenneth Hawthorne

**DR. EUGENE MADDOX**

By: Sandra Clark  
Mrs. Judy Cox  
Mr. & Mrs. Kenneth Hawthorne  
Mr. & Mrs. Charlie McBee  
Tom & Jane McCall  
Lee & Chestene Palmer  
Rev. & Mrs. Ike Powell  
Cheryl & Samuel Seneker

**MRS. MARGARETT RODDENBERY**

By: Mr. & Mrs. Kenneth Hawthorne

**SUMMER GIVING:**

The bills continue at the church during the summer just like at your home. So before you go on vacation, please remember to put your church tithes and offerings in the mail before you leave town. Thanks for your gifts and donations.

**FINANCE COMMITTEE:**

The finance committee will meet Tuesday July 12, at 6:00 pm in the fellowship hall.

**IN HONOR GIFTS:**

A gift has been given to the church in honor of:

- REV. CHRISTY BANDY**
- DR. DON MOBLEY**
- MR. BERT WIND**
- MR. HERBERT W. WIND**
- MR. AND MRS. AUSTIN TURNER**
- MRS. JAMIE ALLEN**
- MRS. KAREN ALLEN**
- MRS. BEVERLY CLIETT**
- MRS. KATHY HIGGINBOTHAM**
- MRS. MEGAN LOKEY**
- MS. PAM MASON**
- MRS. RUTH SIMS**
- MR. & MRS. GENE SMITH**
- MRS. CELESTE TYLER**

By: Mrs. Helen Thorsby

**DEVOTIONAL BOOKS:**

Are available at the church office. Please stop by to pick one up.

**PERKINS UMMEN**  
 Will meet Monday, July 11, at 7:00 pm in the fellowship hall.  
 To make reservations for the meal (if you have not been called), call Dale Helms, Billy Wind or Mike Mills.

**NURSING HOME/ASSISTED**

**LIVING RESIDENTS:**

**MAGNOLIA PLACE:**

- Mrs. Joan Cassels
- Mrs. Betty Clark
- Mrs. Doris Rehberg (Mother of Nell Owens)
- Mrs. Helen Williams

**CAMELLIA GARDENS, THOMASVILLE, GA:**

Mr. Ken Lindgren

**GATEWAY GARDENS, BETHLEHEM, GA**

Mrs. Emily Gandy

**GLENN-MOOR, THOMASVILLE, GA:**

Mrs. Betty Jones

**THOMASVILLE NURSING & REHAB.**

Mrs. Mary Meill

**PRESBYTERIAN HOME, QUITMAN, GA:**

Mrs. Opal Prince

**REMINGTON HEIGHTS, OMAHA, NE:**

Mrs. Jane Wilkinson

**CHESTNUT RIDGE, CUMMINGS, GA:**

Mrs. Vivian Childs

**BRENTWOOD, TN:**

Dr. Bob Kral



**WEEK OF  
JULY 10-16, 2022**



**Remember in Prayer**

**OUR KNOWN ILL: (AS OF TUESDAY)**

**Sunday, July 10:**

- 8:15 am      Worship in the Chapel
- 9:00 am      †Contemporary Worship
- 9:45 am      Sunday School
- 11:00 am     †Traditional Worship

**Monday, July 11:**

- 10:00 am     Ladies' Sewing Group
- 10:00 am     Chair Yoga
- 11:15 am     Mat Yoga
- 7:00 pm      Perkins UMMen

**Tuesday, July 12:**

- 8:00 am      Men's Prayer Group
- 10:00 am     Ladies' Prayer Group
- 6:00 pm      Finance Committee

**Wednesday, July 13:**

*No Activities*

**Thursday, July 14:**

- 8:30 am      Service on CNS Channel 6

**Friday, July 15:**

- 2:00 pm      Service on CNS Channel 6
- 9:00 pm      Service on CNS Channel 6

† Live streaming

**AT HOME:**

- Mrs. Shirley Bearden
- Mrs. Dale Rose Betts (mother of Adrienne Harrison)
- Mr. Ray Butler
- Mr. Keith Campbell
- Mr. A.B. Clark
- Miss Sandra Clark
- Mr. John Davis
- Mr. Jack Drew
- Mr. Bob Dunn
- Mr. David & Mrs. Catherine Elkins
- Mrs. Glenda Folsom (Sister of Myra Easom)
- Mrs. Dot Gainous
- Mr. Bobby and Mrs. Gail Godwin
- Mrs. Betti Jean Gray (Mother of Kevin Gray)
- Mrs. Sammie Harper
- Mr. Dale Helms
- Mr. Fred Hetzendorfer
- Mrs. Deborah Hudson (Step-mother of Robert Hudson)
- Mr. Jon & Mrs. Linda Johnson
- Mr. Bob Jones
- Mr. Roy Jones
- Mr. Randy & Mrs. Dawn LaCombe (Daughter, son-in-law of Barbara Barrineau)
- Mrs. Pasty Maddox
- Mr. Freddie Lyle
- Mrs. Maxcy McAteer
- Mr. Howell & Mrs. Eleanor McKinnon
- Mrs. Faye Miller
- Mr. Mark and Mrs. Sharon Morrison (Brother-in-law and sister of Brenda Coy)
- Mr. Jeb & Mrs. Nell Owens
- Mr. Aaron Phillips (son of Mark Phillips)
- Mrs. Marjorie Ragan
- Mrs. Marilyn Rhea
- Mrs. Sandee Rinker
- Rev. Doug Simmons
- Solo Hope Ministry
- Mrs. Carolyn Trawick
- Mr. Rick Zondlo

**The Church and its ministries, the Church Staff and all Church members. CHANGES in Bold**

**AN ACCOUNT OF OUR STEWARDSHIP - 7/3/22**

10:45 am	.....67
Live Stream	.....40
Weekly Receipts	.....\$5,625.00
Weekly Needed	.....\$11,176.00
Received to Date - Op	..\$169,875.84
A/V Upgrade to date	....\$26,020.50
Missions	.....\$500.00
Memorials	.....\$300.00
Bucket Brigade	.....\$6.80

**BUCKET BRIGADE:**

The bucket brigade offerings (loose change in buckets) goes to mission projects that the church sponsors throughout the year.

Offerings for July will go for Back Pack Ministry.

Thanks for your donations. Donations can be made by check designating that it is to go to the bucket brigade offering.



**Birthday Greetings**

- July 10:** Brian Chason, Robin Oates, Heather Womble, Wayne Wray
- July 11:** Charles Perkins, Fletcher Sheffield
- July 13:** Sam Carnline, Johnson Harrell, Betty Hester, Campbell Jones
- July 14:** Pat Wind
- July 15:** Celeste Tyler
- July 16:** Lindsay Coffey

SUNDAY, July 10, 2022

**Traditional – Chapel**

**8:15 am**

\*THE SCRIPTURE READING . . . . .Rev. Sam Vernon  
Romans 10:9-10  
SERMON . . . . .“The 6 Essential Parts of the Sinner’s Prayer” . . . .Rev. Vernon

**Contemporary – Sanctuary (with Live Stream)**

**9:00 am**

WELCOME/ANNOUNCEMENTS  
CHILDREN’S SERMON . . . . .Stacey Morgan  
\*SCRIPTURE . . . . .Rev. Sam Vernon  
Romans 10:9-10  
SERMON . . . . .“The 6 Essential Parts of the Sinner’s Prayer” . . . .Rev. Vernon

**THOSE WHO SERVE: 9:00 AM:** SS Greeters/Ushers: **Matt McCaskill, Joe Porter**

**Worship Team:** Brian Morgan - vocals, guitar; Stacey Morgan - vocals, keys;  
Laine Reichert - Vocals; Scott Easom - bass guitar;

**Tech:** Randy Bearden - audio & streaming; Rebecca McKemie - video;



**CHILDREN’S MINISTRY**

**NEWS FROM...JESSICA**

email: [jnlee06@gmail.com](mailto:jnlee06@gmail.com)  
text: 229-224-4554

- July 10th - 9:00 - Children’s Church
- July 10th - 10:00 - Sunday School
- July 20th from 5:30 - 6:30 - rising 6th graders, pizza & games at the youth house!
- August 7th - Back to School/ Bless the Backpacks
- Snacks needed - goldfish

**YOUTH MINISTRY**

**NEWS FROM...SCOTT**

email: [easom316@windstream.net](mailto:easom316@windstream.net)  
cell/text: (229) 977-2247

- July 10th - 9:45 am - Sunday School
- July 20th from 5:30 - 6:30 - rising 6th graders, pizza & games at the youth house!
- Youth bowling and Chic-fila in Thomasville, July 27 4-6. Details to come.

CHIMING OF THE HOUR

OPENING VOLUNTARY .....Mr. Ed Self and Dr. Clell Wright  
*Great Is Thy Faithfulness - Raney*

WELCOME AND ANNOUNCEMENTS .....Rev. Sam Vernon

\*AFFIRMATION OF FAITH .....The Apostles' Creed .....UMH 881

\*HYMN OF PRAISE .....UMH No. 327  
*Crown Him with Many Crowns*

OFFERTORY PRAYER .....Rev. Vernon

OFFERING

OFFERTORY .....Mr. Self  
*As the Deer - Nystrom/Carter*

\*DOXOLOGY

TIME OF PRAYER AT THE ALTAR

PASTORAL PRAYER AND LORD'S PRAYER .....Rev. Vernon

SPECIAL MUSIC .....FUMC Chancel Choir  
*All Things New - Hagenberg*

\*SCRIPTURE LESSON .....Rev. Vernon  
Romans 10:9-10

SERMON .....“The 6 Essential Parts of the Sinner’s Prayer” ...Rev. Vernon

\*HYMN OF INVITATION .....UMH No. 371  
*I Stand Amazed in the Presence*

\*BENEDICTION .....Rev. Vernon

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**Altar Guild:** Janet Murphy, Ruth Sims; **Ushers:** Herbert Wind, Kenneth Gale

Please sign the attendance register.

\* Please stand as you are able.

**BOOK CLUB:**

Will Meet at 5:00 pm Sunday July 24th, when we will be discussing *I Remember Wessie* by Dorothy Gainous and Alan Kaye.

**YOGA CLASSES:**

With Lucretia Roddenbery will meet in the fellowship hall on Mondays with chair yoga at 10:00 am.

**At 11:15 am there will be mat yoga offered.**

**AUDIO AND VIDEO UPGRADE:**

There is a monetary need to upgrade and replace the current sound system in the sanctuary in the amount of \$40,000.

Donated to date: \$26,020.0.

**Still Needed: \$13,980.00.**

Make checks payable to the church and marked for the Sound System. Your donations will be greatly appreciated.

**PICTORIAL DIRECTORY:**

**AUGUST 10 - 13**

You can schedule your appointment by going to [www.ucdir.com](http://www.ucdir.com).

**Church code is ga157**

**Password: photos**

Appointments can also be made on Sunday mornings at the church.

**WOMEN'S ADVENTURE GROUP:**

**July 13** - Kayaking - Reed Bingham SP between Moultrie/Adel

**July 20** - Alchemy Rock Climbing Gym in Tallahassee

**July 27** - Kayaking Spring Creek

Contact Cheryl Mills for information  
404- 772-3719

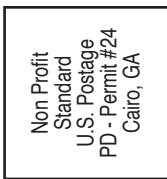
**SINNER'S PRAYER**

**DEAR JESUS,**

**I believe You are the Son of God. Thank you for dying on the cross for my sins 2000 years ago. I confess that I am a sinner. Please forgive me of my sins. Come into my heart and be my Savior and make me into the kind of person You want me to be.**

**Amen**

This is just one example of a prayer that someone could pray to become Christian. For the prayer to be effective it needs to be an honest expression of someone's heart.



ADDRESS SERVICE REQUESTED  
318 S. BROAD STREET  
CAIRO, GA 39828

# Directory

- Rev. Sam Vernon . . . . .*Pastor*
- Dr. Clell Wright . . . . .*Music Minister*
- Mrs. Ruth Sims . . . . .*Adm. Assistant*
- Mrs. Jamie Allen . . . . .*Preschool Director*
- Mrs. Jessica Cox Lee . . . . .*Children's Director*
- Mr. Scott Easom . . . . .*Youth Director*
- Mr. Brian and Mrs. Stacey Morgan . . . . .*Contemporary Worship Leaders*
- Mr. Ed Self . . . . .*Organist*
- Church Office . . . . .229-377-3051
- Emergency Numbers . . . . .229-403-0428  
912-230-6627

EMAILS: When sending emails to the church office, please use the following address:

[adm.cairofum@syrupcity.net](mailto:adm.cairofum@syrupcity.net)

E-MAILS ADDRESS/CELL PHONE NUMBERS: Contact with church members is very important. Please turn in email addresses and cell phone numbers especially if you no longer use a land line for your telephone. Thanks

Name \_\_\_\_\_

E-Mail \_\_\_\_\_

Cell Number \_\_\_\_\_

Thanks ever so much!