



THE BULLETIN

LVIII

June 11, 2023

No. 23

Worship God
Grow in Christ

Build Community
Bless the World



FIRST UNITED METHODIST CHURCH (1867-2023)

Celebrating Our 156th Year

318 South Broad Street • Cairo, Georgia 39828-2717

Rev. Sam Vernon, Pastor

☎ Church Office: 229-377-3051 @ www.cairofumc.org ✉ adm.cairofum@syrupcity.net

📍 Cairo First United Methodist Church ☎ Upper Room Prayer Line 1-800-251-2468



Okay, we have all heard the rules for surviving outside during the Summer months:

1. Drink plenty of water
2. Drink plenty of Diet Mountain Dew (Sam rule)
3. Apply Sunscreen early and often
4. Go to the beach as often as possible
5. Swim at least 5 miles away from sharks!

But what about Spiritual Survival during the Summer months? Many of us travel, our kids are out of school and for some of us, work is less stressful than other parts of the year. Add it all up and you/we might be tempted to put it on "Spiritual Cruise Control".

Here are some tips to avoid that:

1. Start every day with some 1-on-1 time with the Lord. Use your Bible and a daily Devotional book like "Jesus Calling" by Sara Young.
2. Church every Sunday, even when out of town!
3. Dig into a good Christian book for the Summer.
4. Talk to a new person about Jesus every week.
5. Be intentional about what you will give to the Church each month this Summer.
6. Write a different Church Staff member a card each week.
I get plenty of notes so how about writing Ed, Adrienne, Scott, Brian, Stacey, Ruth, Linda or Ben?
7. Apply lots of SONscreen to your soul! (See what I did there.)

Have an awesome Summer in the Lord!

In Him

Sam

CHRISTIAN SYMPATHY:

The pastor and members of Cairo First UMC extend their deepest sympathy to Mr. and Mrs. Bob Taylor and family in the death of her brother, **MR. EMORY MAYFIELD, SR.,** Tallahassee, FL

MEMORIALS:

Memorials have been given to the church in loving memory of

MRS. ELLEN WHITE

By: Mr. & Mrs. Philip Almon

VBS:

JULY 9 – 12

It is time to sign your children up for VBS. See the children’s section on how to sign up on line.

Volunteers are needed and your assistance is very much appreciated. Contact Adrienne Harrison to sign up even if it is only for one night.

PARENTS’ NIGHT OUT:

The Children’s Department will be sponsoring a Parents’ Night Out on Friday, June 16. Please contact Adrienne Harrison for further information and to sign up if you would like to participate or have any questions.

UPCOMING DATES TO PUT ON YOUR CALENDAR:

June 11- Safe Sanctuary Training

June 16 - Parents Night Out,
6:00 - 9:00 pm

June 18 - Father’s Day
Safe Sanctuary Training
Return Filled Baby
Bottles

June 25 - Communion

July 9-12 - VBS, 6:00 - 8:00 pm

August 21 - Laity Council Meeting

JUNE CALENDARS:

Are available on the table across from Rev. Vernon’s office.

Cairo First is seeking a Nursery Director and a Childcare Worker.

Responsibilities include recruiting volunteers, communicating with parents, ensuring the nursery’s cleanliness and safety and most of all, a love for children!

Primary hours will be Sunday mornings and nights, as well as Wednesday nights. Additional hours will be added as needed based on the church’s schedule.

Resumes can be emailed to Adrienne at abharrison1@hotmail.com

SUNDAY SCHOOL CLASSES:

All adult SS classes are now meeting. If you are not currently attending a Sunday School class, now is a good time to start. There are several options and you would be welcome to visit any or all of the classes.

- Burleigh Law: Mostly couples that have grown children and grandchildren.
- Azalee Wight: Mostly couples, some retired, others still working. Various members rotate teaching
- Pairs and Spares: Mixed group of singles and couples
- New Hope: Adults (45+) with teenage and college age children
- Cephas: Young Adults (30+)

TIME

Take time to pray...it helps to bring God near and washes the dust of earth from your eyes.

Take time for friends...it is the source of happiness.

Take time for work...it is the price of success.

Take time to think...it is the source of power.

Take time to read...it is the foundation of knowledge.

Take time to laugh...it is the singing that helps with life’s loads.

Take time to love...it is the one sacrament of life.

Take time to dream...it hitches the soul to the stars.

Take time to play...it is the secret of youth.

Take time to worship...it is the highway to reverence.



**WEEK OF
JUNE 11-17
2023**

Sunday, June 11:

- 8:15 am Early Worship Chapel
- 9:00 am † Contemporary Worship
- 10:00 am Sunday School
- 11:00 am † Traditional Service

Monday, June 12:

- 10:00 am Chair Yoga

Tuesday, June 13:

- 8:00 am Men's Prayer Group
- 10:00 am Ladies' Prayer Group

Wednesday, June 14:

- 6:30 pm Denominational Meeting

Thursday, June 15:

- 8:30 am Service on CNS Channel 6
- 10:00 am Chair Yoga

Friday, June 16:

- 2:00 pm Service on CNS Channel 6
- 9:00 pm Service on CNS Channel 6

† Live streaming

BULLETINS:

For those of you who receive a bulletin in the mail, place it in your Bible to bring to church with you on Sunday mornings.

AN ACCOUNT OF OUR STEWARDSHIP - 6/4/23

8:13 am22
9:00 am63
Live Stream14
11:00 am42
Live Stream18
Weekly Receipts\$6,140.00
Received to Date - Op.		\$131,182.00
Memorial/In Honor\$80.00
Missions\$25.00
Bucket Brigade\$39.09

BUCKET BRIGADE:

The bucket brigade offerings (loose change in buckets) goes to mission projects that the church sponsors throughout the year. The offering for June will go to the **Help Agency**.



Remember in Prayer

OUR KNOWN ILL: (AS OF TUESDAY)

ARCHBOLD:

- Mr. Bob Jones
- Mrs. Patsy Maddox
- Mrs. Janet Murphy

AT HOME:

- Mr. Ray Butler
- Mr. Jack Drew
- Mr. David and Mrs. Catherine Elkins
- Mrs. Lauren J. Harrell
- Mrs. Faye Miller
- Mrs. Charlene Powell
- Mrs. Marjorie Taylor

The Church and its ministries, the Church Staff and all Church members.

NURSING HOME/ASSISTED LIVING RESIDENTS:

MAGNOLIA PLACE:

- Mrs. Joan Cassels
- Mrs. Nell Mitchell
- Mrs. Janet Murphy
- Mr. John Shiver
- Mr. John Summers (Father of Clair McCaskill)
- Mrs. Carolyn Trawick

SOUTHERN PINES, THOMASVILLE, GA:

- Mrs. Doris Rehberg (Mother of Nell Owens)

THOMASVILLE NURSING & REHAB:

- Mrs. Mary Meill

PRESBYTERIAN HOME, QUITMAN, GA:

- Mrs. Opal Prince

CHESTNUT RIDGE, CUMMING, GA:

- Mrs. Vivian Childs

BRENTWOOD, TN:

- Dr. Bob Kral

FLOWER CALENDAR:

A new flower calendar for 2023 has been placed on the bulletin board in the downstairs hallway.

Please sign up for flowers for 2023. And remember that two arrangements



Birthday Greetings

June 13: Margaret Tyson

June 14: Katie Parvis

June 15: Kristin Lee, Kacey Oliver, Alea Simmons

June 17: Reagan Hartsell

Sunday, June 11, 2023

Traditional Informal – Chapel

8:15 am

*SCRIPTURE LESSONIsaiah 40:28-31
SERMONVacation LessonsRev. Sam Vernon

Contemporary – Sanctuary (Livestream)

9:00 am

WELCOME AND ANNOUNCEMENTS

WORSHIP

CHILDREN’S SERMONAdrienne Harrison

*AFFIRMATION OF GOD’S WORD

**This is God’s Word. I believe I am who He says I am,
I have what He says I have and I can do what He says I can do.**

*SCRIPTUREIsaiah 40:28-31

SERMONVacation LessonsRev. Sam Vernon

THOSE WHO SERVE: 9:00 AM: SS Greeters/Ushers: **Bradley Jones, Tony Sheffield;**

Worship Team: Brian Morgan - vocals, guitar; Stacey Morgan - vocals, keys;

Tech: Rebecca McKemie - video; Miller Kate Morgan - streaming;

CHILDREN’S MINISTRY

NEWS FROM...ADRIENNE

email: abharrison1@hotmail.com
text: 229-254-2546

- Acolytes: Reagan Hartsell and Austin Kate Hudson
- Buckets: Jemma Hartsell and Betts Harrison
- Parent’s Night Out: Friday, June 16, 6:00 p.m. - 9:00 p.m.
Don’t forget to let Adrienne know
if your child will be there!

We need snacks and drinks, please!

YOUTH MINISTRY

NEWS FROM...SCOTT

email: easom316@windstream.net
cell/text: (229) 977-2247

- June 11 – Sunday School - 10:00 am
- No Youth Sunday Nights until after summer

CHIMING OF THE TRINITY

OPENING VOLUNTARYMr. Ed Self and Dr. Ben Crook
Amazing Grace - Kim

WELCOME AND ANNOUNCEMENTSRev. Sam Vernon

*AFFIRMATION OF FAITHModern AffirmationNo. 885

*HYMN OF THE GOSPELBlack Supplement No. 2282
I'll Fly Away

OFFERTORY PRAYERRev. Vernon

OFFERING

OFFERTORYMr. Self
A Quiet Prayer - Martin

*DOXOLOGY

PASTORAL PRAYER AND LORD'S PRAYER

SPECIAL MUSICChancel Choir
Through It All - Crouch/Mauldin

*AFFIRMATION OF GOD'S WORD

**This is God's Word. I believe I am who He says I am,
I have what He says I have and I can do what He says I can do.**

*SCRIPTURE LESSONIsaiah 40:28-31

SERMONVacation LessonsRev. Vernon

*HYMN OF RESPONSENo. 357
Just As I Am (vs 1-3, 6)

*BENEDICTIONRev. Vernon

+POSTLUDEMr. Self
Praise, My Soul, the King of Heaven - DeCou

*+You are dismissed after the Benediction.
Please feel free to leave, or if you choose, sit quietly and enjoy the Postlude.*

* Please stand as you are able.

CHAIR YOGA CLASSES:

With Lucretia Roddenbery will meet in the fellowship hall on Mondays and Thursdays at 10:00 am.

Non Profit
Standard
U.S. Postage
PD - Permit #24
Cairo, GA

OFFERING ENVELOPES:

Are available for pick up. They will be in the hallway downstairs. If you would like to have weekly offering envelopes and there is not a package for you, please call the church office.

SINNER'S PRAYER

DEAR JESUS,
I believe You are the Son of God. Thank you for dying on the cross for my sins 2000 years ago. I confess that I am a sinner. Please forgive me of my sins. Come into my heart and be my Savior and make me into the kind of person You want me to be.

Amen

This is just one example of a prayer that someone could pray to become Christian. For the prayer to be effective it needs to be an honest expression of someone's heart.

BE GOOD STEWARDS:

When you leave the sanctuary on Sunday morning, please take a minute to replace the hymnal and/or Bible in the rack. Also, please take your used tissue and bulletin with you upon departing.

Thanks for your assistance as we do not have custodians coming in after Sunday services

Safe Sanctuaries training during the Sunday School hour on June 11 and June 18 in the Cephas Classroom. Anyone wishing to volunteer with children or youth must complete the training. Contact Adrienne for more information.

ADDRESS SERVICE REQUESTED
318 S. BROAD STREET
CAIRO, GA 39828

Directory

- Sam VernonPastor
- Ruth SimsAdm. Assistant
- Scott EasomYouth Director
- Adrienne Harrison . .Children's Director
- Ed SelfOrganist
- Brian and Stacey Morgan
.Contemporary Worship Leaders
- Linda Wood:8:15 Pianist
- Benjamin CrookPianist
- Ashlei SteelePreschool Director
- Church Office229-377-3051
- Emergency Numbers **.229-377-1017**
229-403-0428
912-230-6627

EMAILS: When sending emails to the church office, please use the following address:

adm.cairofum@syrupcity.net

E-MAILS ADDRESS/CELL PHONE NUMBERS: Contact with church members is very important. Please turn in email addresses and cell phone numbers especially if you no longer use a land line for your telephone. Thanks

Name _____

E-Mail _____

Cell Number _____

Thanks ever so much!